



One day...one night...one reason

Relay For Life, Forest of Dean Kit List

1. Completed registration and fundraising forms
2. Team 'Reduce the Risk' Banner
3. Tent (Waterproof) x 1
4. Sleeping Bag x 1
5. Pillow x 1
6. Blanket x 1
7. Torch x 1
8. Spare Batteries (for torch)
9. Spare Clothing
10. Spare Socks x 2
11. Sun Hat x 1
12. Sun Cream (Factor 15+) x 1
13. Waterproofs x 1
14. Towel x 1
15. Warm Clothing
16. Suitable footwear for walking for 24 hrs
17. Water Bottle x 1
18. Decorated Thong & Bra for 'Check Your Bits' Laps
19. Team Fancy Dress Costume(s)
20. Lots of Energy and Enthusiasm



Please do not bring any fundraising monies with you to the event. Cheques only! All monies should, where possible, be paid in prior to Relay so we can celebrate our achievements!

Teaming up to beat cancer