



One day...one night...one reason

Relay For Life, Forest of Dean Site Rules

1. **No Smoking** – The Whitecross Leisure Centre/Forest of Dean District Council land is a non-smoking site (the whole of the site including the car park).
2. **No Animals.**
3. **No Barbeques** – An organised BBQ will be available. Details can be found on the event programme.
4. **No Vehicles** will be allowed on to the grass area at any time, for Health & Safety for All.
5. **Alcohol** – Please remember this is a family event with very important health messages. Having a drink outside your tent is fine, however please refrain from walking around the site, including the track with alcoholic drinks, especially at the Candle of Hope ceremony.
6. **Footwear** – no high-heeled shoes, spikes or football boots are allowed on the astro-turf track.
7. **Children** must be supervised by an appropriate adult at all times.
8. **Rubbish** – Please use the waste and recycling facilities provided.
9. **Site Emergency** – In the event of a site emergency, please assemble in the main car park at the front of the site.
10. **First Aid** cover is being provided by Fusion Medical. They are located next to the catering tent.
11. **All participants** in the relay, do so at their own risk.
12. **Extreme Weather** – In the event of lightning, the relay track will be moved to the sports hall.
13. **Tent Pitching** – tents must be pitched at least 4 metres apart.
14. There will be no unnecessary movement of vehicles for the duration of the Relay.

Thank you

Teaming up to beat cancer